

The Sedona Journey



Confirmation Package: Travel info, sample itinerary, what to pack and more are provided in confirmation package that you receive once you register for the Journey. We are happy to answer any of your questions by email or phone (contact info below). I look forward to sharing with you this extraordinary Journey and life changing experience.

Sincerely, Jonathan Tripodi

Phone: Teresa: 757. 633-6942

Email: Jonathan@freedomfrombodymemory.com

Estimated Travel Costs

Airfare: \$300-\$350

Fly into Phoenix Sky Harbor

2 hr scenic drive north to Sedona

On return flight, keep in mind it is 2hrs. from Sedona to Phoenix, plus ½ hr. transit from rental car place to airport, plus you need to arrive a minimum of 1hr. before flight.

Rental Car: Fox Rental Car is cheapest

Lodging: The White House Inn is most reasonable. Approx. \$60 + tax per night for single or double. Additional lodging options provided in confirmation package once you register for the Journey and include home rentals, room rentals, B&B's and more.

How to Save \$

- If you travel with someone you can split lodging and rental car.
- If you register with someone (friend, spouse, family member, etc) you each save \$100 off of tuition for Journey.

Details of Journey, including travel info and sample itinerary are available online at: <http://freedomfrombodymemory.com/sedona.html>